



COLD BEER ★ BIG BURGERS ★ HOT MUSIC!
SMOKE-FREE AT BOTH LOCATIONS!

3405 34th St. ★ Lubbock, Texas 79410

(34th & Indiana--near Texas Tech University)

Call for take-out--(806) 784-0300

5217 82nd St. #109 ★ Lubbock, TX 79424

(82nd & Slide--Rockridge Plaza)

Call for take-out--(806) 771-CAFE (2233)

Delivery by  Download their app today!

CAPROCK CAFE NO LONGER ACCEPTS CHECKS.

HOURS OF OPERATION

Sunday-Thursday 11 am - 9 pm Friday & Saturday 11 am - 10 pm

HUNGRY FOR GREAT ITALIAN FOOD?

CALL ORLANDO'S FOR AN ITALIAN DELIVERY!

24TH & AVE. Q--747-5998 ★ 70TH & INDIANA--797-8646

(Menu Version #38, September 8, 2020) Large White Color Printed Menus 80# Cover (26" x 40")

APPETIZERS

We fry in 100% **TRANS FAT FREE** oil.

PLEASE ALLOW 20 MINUTES FOR FRIED ITEMS AT LUNCH IF BUSY!

PECOS QUESO & JALAPENO SALSA With Tortilla Chips. 9.99

PECOS QUESO With Spicy Ground Beef, Green Chilies, Chips. 7.99

GREEN CHILE CHICKEN BACON-WRAPPED JALAPENOS

Served with Ranch Dressing.

3 for 6.49

6 for 11.99

"TEXAS-SIZE" NACHOS ♣ *Nachos have jalapenos unless otherwise requested!* ♣

Cheese Nachos 7.99 ♣ Spicy Beef Nachos 10.99 ♣ Grilled Chicken Nachos 10.99

"The Works" Nachos (Cheese, beef, chicken, sour cream, and guacamole.) 13.99

Supreme Nachos ("The Works" plus beans, tomatoes, onions, and lettuce.) 14.99

Add Queso 2.99 ♣ Add Sour Cream 1.29 ♣ Add Guacamole 1.49

COMBINATION APPETIZER PLATTER 17.99 "Down-N-Dirty" 18.99

Fried Mozzarella, Texas Toothpicks, Hot Wings, Queso, Tortilla Chips, Jalapeno Salsa, Spicy Ranch.

BOTTLE CAPS Beer-battered jalapeno rings. With Spicy Ranch. 7.99

FRIED PICKLE SPEARS With Spicy Ranch. 7.99

"DOWN & DIRTY" MOZZARELLA STICKS w/Spicy Ranch. 9.99

FRIED MOZZARELLA STICKS With Spicy Ranch. 8.99

BREADED BONELESS WINGS Spicy Ranch or Blue Cheese. 9.99

"DOWN & DIRTY" GARLIC/HABANERO, SPICY BBQ, HICKORY BBQ, OR FRANK'S BUFFALO 10.99

BREADED HOT WINGS Spicy Ranch or Blue Cheese. 11.99

"DOWN & DIRTY" GARLIC/HABANERO, SPICY BBQ, HICKORY BBQ, OR FRANK'S BUFFALO 12.99

CHICKEN STRIPS Spicy Ranch or Blue Cheese. 8.99

"DOWN & DIRTY" GARLIC/HABANERO, SPICY BBQ, HICKORY BBQ, OR FRANK'S BUFFALO 9.99

TEXAS TOOTHPICKS With Spicy Ranch. 7.99

Deep-fried strips of Onions and Jalapenos.

LOADED TWISTED TATERS 10.99

With Cheddar-Jack Cheese, Bacon, Sour Cream, and Jalapenos.

CHEDDAR FRIES Cheddar, Monterey Jack, and Spicy Ranch. 8.99

Add Bacon 1.99 Add Green Chilies .59 Add Jalapenos .59

QUESO FRIES Queso served on the side. 7.99

FRIED PORK SKINS (Chicharrones) Queso or Salsa additional. 5.99

GUACAMOLE DIP Served with Tortilla Chips. 5.99

TORTILLA CHIPS AND SMOKED JALAPENO SALSA 3.99

One Free Refill Each. After that Chip Refills .99 each ♣ Salsa Refills 1.49 each

WHAT DOES "DOWN & DIRTY" MEAN? This spicy sauce originated at Orlando's Italian Restaurants on their infamous "Down and Dirty" Tortellini appetizer. Made from Orlando's garlic spread and lots of Habanero Hot Sauce, we use this savory sauce to turn up the heat and flavor!

SALADS & SOUP

Ranch ♣ SPICY Ranch ♣ Roasted Garlic Balsamic Vinaigrette ♣ Honey Mustard

Blue Cheese ♣ Sun-Dried Tomato Fat-Free ♣ Jalapeno Salsa ♣ Italian ♣ 1000 Island

CHOLULA SPICY GRILLED CHICKEN SALAD 9.99

GRILLED CHICKEN SALAD 9.49

TURKEY-BACON SALAD 9.99

FRIED CHICKEN STRIP SALAD 9.49

"DOWN & DIRTY" FRIED CHICKEN STRIP SALAD 10.49

TACO SALAD W/Beef 9.99 W/Chicken 10.49 W/Buffalo 13.99

DINNER SALAD LARGE 5.99 SMALL 2.99

GREEN CHILE POTATO-CHEESE SOUP BOWL 5.99 **CUP** 3.99

BOWL OF SOUP AND SMALL DINNER SALAD COMBO 8.98

GREEN CHILE STEW BOWL 5.99 CUP 3.99

SANDWICHES

All Sandwiches served with your choice of one Regular Side Item.

RIBEYE SANDWICH (8 OZ.) With Red Onion, Pepper-Jack Cheese, & Green Chilies.	16.99
RIBEYE SANDWICH SWISS CHEESE & PORTABELLAS. Served topped with Swiss Cheese, Portabella Mushrooms, Red Onions, & Green Chilies.	17.99
4-ALARM TEXAS PHILLY STEAK Queso, Onions, & Jalapenos.	11.99
SPICY BBQ SANDWICH Jalapenos, Onions, Pickles, & Spicy BBQ Sauce.	10.99

The sandwiches below are served with Mayo, Lettuce, & Tomatoes.

“TEXAS-SIZE” CHICKEN-FRIED STEAK SANDWICH	11.99
TURKEY & BACON SANDWICH With Cheddar-Jack Cheese.	9.99
CHICKEN-FRIED CHICKEN SANDWICH	11.49
“DOWN & DIRTY” FRIED CHICKEN SANDWICH	11.99
CHOLULA SPICY GRILLED CHICKEN SANDWICH	9.99
GRILLED CHICKEN SANDWICH	9.49
“WORKS” CHOLULA GRILLED CHICKEN SANDWICH	12.49
“WORKS” GRILLED CHICKEN SANDWICH	11.49
<i>“Works” includes Guacamole, Bacon, Green Chilies, & Cheese.</i>	
BACON, LETTUCE, AND TOMATO (BLT)	9.99

Add Salsa, BBQ Sauce, Cheddar-Jack Cheese, American Cheese, Swiss, Pepper-Jack Cheese, Green Chilies, Enchilada Sauce, Grilled Jalapenos--\$.59 each.
Add Sour Cream--\$1.29. ♣ Add Queso, or Guacamole--\$1.49.
Add Fried Egg 1.00 ♣ Add Bacon (2 slices)--\$1.99

TORTILLA WRAPS (White or Wheat)

Served with your choice of one Regular Side Item.

Served with Lettuce, Tomatoes, and Spicy Ranch
except Texas Philly, Stuffed Burrito, and Veggie Wraps.

4-ALARM TEXAS PHILLY STEAK WRAP Queso, Onions, Jalapenos	11.99
CHOLULA SPICY GRILLED CHICKEN WRAP	9.99
ONE POUND STUFFED BURRITO WRAP Steak or Chicken	11.49
Stuffed with Rice, Beans, Lettuce, Cheese, Grilled Onions & Green Chilies.	
TURKEY & BACON WRAP With Cheddar-Jack Cheese.	10.49
FRIED CHICKEN STRIP WRAP	10.49
“DOWN & DIRTY” FRIED CHICKEN STRIP WRAP	10.99
GRILLED CHICKEN WRAP	9.49
BACON, LETTUCE, AND TOMATO (BLT) WRAP	9.99
VEGGIE Lettuce, Tomatoes, Guacamole, Red Onions, Green Chile, Salsa, & Mushrooms.	8.99
VEGGIE CHICKEN WRAP Same as Veggie Wrap with Chicken.	11.49

**Our kitchen cannot split orders,
but there is no charge for extra plates.**

**Please allow 20 minutes
for special orders or substitutions.
Food for large tables will be served when ready
to give you the best-tasting food possible.**

**Consuming raw or undercooked meats, poultry, or eggs may increase your
risk of food borne illness, especially if you have certain medical conditions.**

STEAKS & CHICKEN

Served with Texas Toast and your choice of **TWO Regular Side Items.**

RIBEYE STEAK (8 OZ.) slightly spicy, grilled like you want.	16.99
RIBEYE STEAK W/SWISS CHEESE & PORTABELLA MUSHROOMS	18.99
GREEN CHILE CHICKEN-FRIED STEAK	14.99
GREEN CHILE CHICKEN-FRIED CHICKEN	13.99

CHICKEN-FRIED STEAK Served with cream gravy.	13.99
CHICKEN-FRIED CHICKEN Served with cream gravy.	12.99
FRIED CHICKEN STRIPS Served with cream gravy.	12.49
“DOWN & DIRTY” FRIED CHICKEN STRIPS With Spicy Ranch.	13.99

PLEASE ALLOW 20 MINUTES FOR STEAK AND CHICKEN AT LUNCH IF BUSY!



BUFFALO BURGERS!



Cooked **MEDIUM** unless otherwise requested.

Our 100% American Buffalo Burgers (6 oz. *pre-cooked weight*) are lower in calories, lower in fat, and lower in cholesterol than beef. Experience part of the Wild West today!

CHAR-GRILLED BURGERS

Choice of White or Wheat Bun.

Sheila Partin's Sweet Sourdough Jalapeno Bun 1.00 extra.

Low-Carb Gluten-Free UnBun 2.50 extra.

(Also available diced in white or wheat flour tortilla or bun-less.)

Served with your choice of one Regular Side Item.

Burgers served with Lettuce, Tomatoes, Onions, and Pickles except Hickory.

Mustard and Ketchup on Table. Mayo served on request on side.

1/2 # Burgers can be two 1/4 # patties (Stacked) or one 1/2 # patty (Flat)

	Buffalo	1/2#	1/4#
CAPROCK BURGER	13.49	9.99	7.99
CHEESEBURGER	13.99	10.49	8.49
BACON CHEESEBURGER	15.99	12.49	9.99
BLUE CHEESE BACON BURGER	16.99	13.49	10.99
SWISS CHEESE & PORTABELLA MUSHROOM	15.49	11.99	9.79
GREEN CHILE BACON CHEESEBURGER	16.49	12.99	10.49
HICKORY BURGER BBQ Sauce, Pickles, Onions.	13.49	10.49	7.99
QUESO BURGER	14.49	10.99	8.99
QUESO BACON BURGER	16.49	12.99	10.49
GREEN CHILE CHEESEBURGER	14.49	10.99	8.99
GUACAMOLE CHEESEBURGER	14.99	11.49	9.49

"THE WORKS" Guacamole, Bacon, Green Chilies, Cheese. 17.49 13.49 10.99
 Add Salsa, BBQ Sauce, Cheddar-Jack Cheese, American Cheese, Swiss, Pepper-Jack Cheese, Green Chilies, Enchilada Sauce, Grilled Jalapenos--.59 each.

Add Sour Cream--1.29. ♣ Add Queso, or Guacamole--1.49.

Add Fried Egg 1.00 ♣ Add Bacon (2 slices)--1.99

SIDE ITEM CHOICES FOR ABOVE MENU ITEMS

REGULAR SIDES - Fried Egg, Small Dinner Salad, Jalapeno-Bacon Beans, Tortilla Chips & Salsa, Fried Pork Skins, Garlic Broccoli, Mashed Potatoes, Twisted Taters, or French Fries.

SUBSTITUTIONS - Sweet Potato Waffle Fries 1.49 extra.

Cup of Green Chile Potato Cheese Soup OR Green Chile Stew 1.00 extra.
 Onion Rings, Texas Toothpicks, Bottle Caps, OR Fried Pickle Spears (4)
 2.39 extra EACH.

TEX-MEX DISHES

Served with Jalapeno-Bacon Beans, Rice, Tortilla Chips, Salsa, and Sour Cream.
 Add Guacamole--1.49. ♣ Substitute Queso for Enchilada Sauce--1.49. ♣ Add Fried Egg--1.00

GREEN CHILE CHICKEN ENCHILADAS	(3) 9.99	(2) 8.99
BEEF ENCHILADAS	(3) 9.99	(2) 8.99
CHEDDAR/JACK CHEESE ENCHILADAS	(3) 8.99	(2) 7.99
<i>Choice of Green or Red Chile Sauce. Available SMOTHERED at no extra charge.</i>		

QUESADILLA Cheese 7.99, Taco Beef or Chicken 9.99, Philly Steak 11.49	
GREEN CHILE CHICKEN QUESADILLA	9.99
QUESO TACO BEEF BURRITO Wheat Flour Tortilla.	9.99

BEVERAGES

ICED TEA, SWEET TEA, COFFEE, ROOT BEER, COKE, DIET COKE, DR. PEPPER, DIET DR. PEPPER, SPRITE, LEMONADE, MILK	2.69
CHILD'S DRINK (12 & UNDER) (12 OZ.) Free refills on above drinks.	.99
CHILD'S DRINK (12 & UNDER) Apple Juice Pouch—each serving.	.99
STRAWBERRY LEMONADE--No Free refills.	3.59
STRAWBERRY or CHOCOLATE SMOOTHIE--No Free refills.	3.59
ENERGY DRINK	3.50

DESSERTS

HOMEMADE CHOCOLATE CHIP PIE with vanilla ice cream.	5.99
"TEXAS-SIZE" CHEESECAKE	7.99
HOMEMADE CHOCOLATE BROWNIE SUNDAE	6.99
VANILLA ICE CREAM	3.49

LITTLE WRANGLER MENU

1/4# CHEESEBURGER Your choice of one <u>Regular</u> side item.	8.49
CHICKEN STRIP SNACK Cream Gravy, Fries, and Texas Toast.	7.49
"DOWN & DIRTY" STRIP SNACK Spicy Ranch, Fries, Texas Toast.	7.99
GRILLED CHEESE SANDWICH With French Fries.	4.49
KRAFT MACARONI & CHEESE	2.99

À LA CARTE ITEMS

Add Salsa, BBQ Sauce, Cheddar-Jack Cheese, American Cheese, Swiss, Pepper-Jack Cheese, Green Chilies, Enchilada Sauce, Grilled Jalapenos--.59 each.
 Add Sour Cream--1.29. ♣ Add Queso, or Guacamole--1.49.
 Add Fried Egg 1.00 ♣ Add Bacon (2 slices)--1.99

PECOS QUESO	LARGE 4.99	SMALL 2.99
SMOKED JALAPENO SALSA	LARGE 1.99	SMALL 1.49
JALAPENO-BACON BEANS	LARGE 1.99	SMALL 1.49
FRESH BROCCOLI with buttery garlic sauce.		3.49
Add Queso Drizzle to Broccoli 1.49 extra ♣ Add Cheese Slice to Broccoli .59 extra ♣ Add 2 Slices of Bacon 1.99 extra.		
GUACAMOLE (without chips)		4.49
SPANISH RICE 1.49	MASHED POTATOES W/GRAVY	1.99
FRIED PORK SKINS	Side 3.99	Full 5.99
TWISTED TATERS 3.99	SWEET POTATO WAFFLE FRIES	4.99
FRENCH FRIES (side order size) 3.49	ONION RINGS	4.99

POWER BOWLS (Low Carb)

Garlic Broccoli, Queso, & choice of protein.

(No side items included with Power Bowls)

Ribeye Steak 16.97	Philly Steak 7.98	Chicken Breast 8.97
Taco Beef 6.98	1/2# Beef Patty 9.97	1/4# Beef Patty 7.47
Buffalo 11.97	GC Chicken 7.47	2 Slices Bacon 6.97
Deli Turkey 6.98		

Add Cheddar-Jack, American, Swiss, or Pepper-Jack Cheese--\$.59 each
Add Jalapeno Bacon Beans, Spanish Rice --\$.59 each * Fried Egg--1.00 each
Add Green Chilies or Jalapenos--\$.59 each
Add Sour Cream--1.29 * Add Guacamole--1.49 * Add Bacon (2 slices)--1.99
Add Lettuce, Onion, and/or Tomatoes—No Charge

MARGARITAS!

PATRÓN CITRÓNGE MARGARITA (Rocks in Schooner)	11.99
Two shots of Patrón Tequila with a shot of Patrón Citrónge for a flavor boost!	
FRESH MARGARITA (Rocks in a Martini Glass)	6.99
World's freshest Margarita! Tequila, Agave Nectar, & fresh lime juice.	
BLUE ZUNI MARGARITA (Rocks or Frozen in Schooner)	8.49
Two shots of Jose Cuervo make this our most popular margarita!	
PRICKLY PEAR MARGARITA (Rocks or Frozen in Schooner)	6.99
X-RATED 'RITA (Rocks or Frozen in Schooner)	6.99
X-Rated Fusion liqueur makes this an "adults only" margarita.	
SCHOONER MARGARITA (Rocks or Frozen in Schooner)	5.99
STRAWBERRY MARGARITA (Frozen in a Schooner)	6.49
ROCKIN' RITAS Any bottle beer upside down in a Schooner Margarita!	8.99

CAPROCK CONCOCTIONS!

TITO'S CHILTON Tito's Handmade Texas vodka and fresh lemon juice.	5.49
DEEP EDDY GRAPEFRUIT CHILTON With fresh lemon juice.	5.75
EFFEN CUCUMBER CHILTON With fresh lime juice.	5.75
BULL RUSH Shot glass of Jägermeister in a glass of energy drink.	6.79
VEGAS BOMB Shot glass of Crown & Peach Schnapps in an energy drink.	6.99
TOO TALL BLOODY MARY Served in a Schooner.	7.49
1 1/2 shots Vodka, Extra Spicy TABASCO Bloody Mary Mix. Add 2 Strips Hormel Smoked Bacon! 1.99 extra	
CHOCOLATE MARTINI Vanilla vodka with Godiva Chocolate Liqueur.	8.99
X ON THE PEACH X-Rated Fusion, peach schnapps, and pineapple.	5.99
XR FLIRTINI X-Rated Fusion, vodka, and cranberry juice.	6.99
TEXAS TUMBLEWEED (Frozen) Kahlua, vodka, and ice cream.	6.99

ALL DAY MONDAYS!

Draft Schooners 1.00 Off!

**CAPROCK CAFÉ IS CONSISTENTLY VOTED
"LUBBOCK'S BEST PLACE TO HAVE A BEER!"**

DRAFT BEER SCHOONERS

BUD LIGHT, COORS LIGHT, MILLER LITE	4.25
ULTRA, DOS EQUIS, SHINER BOCK	4.49
BLUE MOON	4.79

WINES--GLASS/BOTTLE

REX GOLIATH CHARDONNAY	5.50/13.50
LLANO ESTACADO BLUSH	7.50/19.00
SIMPLY NAKED PINOT GRIGIO	6.25/15.75
LIBERTY SCHOOL CABERNET SAUVIGNON	10.75/27.00
LITTLE BLACK DRESS MERLOT	8.50/21.00
SANGRIA A blend of sweet wine and fruit.	5.99 a glass

COLD BOTTLES & CAN

Bud Light	3.85	Guinness Draught	4.85
Bud Light Lime	4.10	Lone Star	3.50
Budweiser	3.85	Michelob Ultra	4.10
Coors Light	3.85	Miller Lite	3.85
Coors Banquet	3.85	ZiegenBock	3.95
Corona	4.50	Non-Alcoholic Beer	3.95
Dos Equis Ambar	4.50		
Dos Equis Lager	4.50		

TRY A GREAT WHISKEY!

TX, Bulleit, Crown Royal, Crown Apple, Fireball, Garrison Brothers,
Wild Turkey 101, Maker's Mark, Forty Creek, Pendleton,
Knob Creek, Jim Beam Black, Jack Daniels Black.

OR A GOOD TEQUILA!

Agavales Blanco 100% Blue Agave, 1800, Patron Silver, Jose Cuervo.

Party Pack Breaded Bone-In Hot Wings (24)

Choice of Spicy Ranch or Blue Cheese Dressing.

NO SAUCE 35.97 ☆ TOSSED IN CHOICE OF SAUCE 38.97

Party Pack Breaded Boneless Wings (30)

Choice of Spicy Ranch or Blue Cheese Dressing.

NO SAUCE 29.97 ☆ TOSSED IN CHOICE OF SAUCE 32.97

SAUCE OPTIONS

"DOWN-N-DIRTY"★SPICY BBQ★FRANK'S BUFFALO★HICKORY BBQ

HAPPY HOURS!

EVERY DAY 3 PM-7 PM

FREE SPICY AND SALTED PEANUTS IN THE SHELL!

Frozen Schooners 1.00 OFF

**BLUE MOON, BUD LIGHT, COORS LIGHT, DOS EQUIS,
MICHELOB ULTRA, MILLER LITE, SHINER BOCK**

50¢ Off ALL Bottle & Can Beers

1.00 Off ALL Wines by the Glass

House Margaritas 4.99 Sangria 4.99

Strawberry Daiquiris 4.00

Prickly Pear Margaritas 5.99

Chocolate Martinis 6.99

Tito's Texas Vodka Chiltons 4.49

Crown & Cokes 4.75 ★ TX Whiskey 5.50

Wells 3.50 ★ Calls 4.00

Tequila—Agavales Blanco 100% Blue Agave

Scotch—Call Only. Bourbon—Jim Beam

Rum—Bacardi Vodka—Sobieski

Gin—Gordon's

DAILY DRINK SPECIALS!

SUNDAY	"Too Tall" Bloody Marys 6.49, Rockin' Ritas 7.99
MONDAY	Strawberry Margaritas 5.49, 1.00 OFF Draft Schooners
TUESDAY	Tito's Vodka Chiltons 4.49, Lone Star Bottles 3.00
WEDNESDAY	Rockin' Ritas 7.99, Wells 3.50
THURSDAY	Effen Cucumber Chiltons 4.75 Deep Eddy Ruby Red Grapefruit Chiltons 4.75
FRIDAY	Crown & Cokes 4.75, TX Whiskey 5.50
SATURDAY	Blue Zonis 7.49, "Too Tall" Bloody Marys 6.49, Fresh Margaritas 5.99

If we ask for your I.D., please take it as a compliment—
you look young for your age! Please drink responsibly.
Alcoholic beverages cannot be removed from premises.